



# Cathy Trinh

Cathy Trinh is an award-winning inspirational speaker, global humanitarian, and Founder/CEO of Recruiter Hustle, Inc., a unique executive search, and networking firm. She is also a bestselling author, executive leadership coach, mental health advocate, and the Spotify podcast host of *Stay Unmuted: Learn. Grow. Evolve. Become.*

Born in Vietnam and raised in California, Cathy's excellence in sales, marketing, and talent acquisition has been honed in the corporate world for over 25 years. She has sourced thousands of high-level, transformational conversations with job seekers and leaders to impact both start-ups and Fortune 500 companies. Her commitment: that new business owners and high-achieving entrepreneurial professionals get to live happy, fulfilled, and liberated lives.

Cathy's ability to inspire any audience has made her a sought-after speaker and trainer. With a huge heart for those in the recovery community, she gives back to others by sharing wisdom gained through her own recovery journey. In her public speaking, Cathy openly shares with her audience the obstacles and triumphs she experienced in her addiction recovery. She relates powerfully her path to personal empowerment, self-mastery, and an abundance mindset. Having spent the past decade studying transformation and human connection, she recently authored *The Journey: Mastering the Art of Slowing Down into a Beautiful Existence* and *Asian Women Who Boss Up*, which is now a #1 international bestseller. In 2021, she became a Global Trainer for the most prominent international 24/7 recovery platform.

Since the publication of her books, Cathy has been featured in *Authority Magazine*, *VoyageLA*, *Vietology*, and *Scars of Survival Magazine*. She now leads global leadership conferences and training groups and has coached hundreds of leaders to become world-class game changers.

Cathy has also founded SoulCare Society, a global women empowerment networking group that has grown to nearly 2,000 members. In 2021, she became Vice-Chairman of Sisters Without Borders, Woman of the Year Candidate for the Leukemia & Lymphoma Society, and Recipient of the Top 50 Unsung Heroes Award by the international Asian Hustle Network.

Having earned a bachelor's degree from California State University, Fullerton, Cathy lives in Orange County, California with her son Noah and Yorkie fur baby. She is a cancer survivor, educator, musician, and a passionate change agent for Peace in the world.